

# Scheduling What Matters Most

by Matt and Chantal McGee

In our day and age, we hear the motto quite often, "First things first." Yet it may be the most challenging time ever to truly live this out. Most people feel the tug of what seems a never-ending list of requests, opportunities, and commitments. We can subtly fall prey to deceptive thinking: "I can do it all, be it all, and have it all." Jesus knew we needed Him to clarify things for us: "Seek first the Kingdom of God and His righteousness" (Matthew 6:33). Paul's life gives us an example: "But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize" (Phil 3:13-14). We hear these words and deeply desire to see the most important things happening in our lives.

But hearing is not enough. "Everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on the sand" (Matthew 7:26). One step in building our house on the rock is scheduling what matters most - taking our calendar before it has anything else on it (except for work and school) and blocking out time for the activities God has planned for us. Studying God's Word every morning at 6 am, sitting on the couch with your spouse without the TV each night at 9, reading a stack of books with your three year old before naptime, going on a walk each Thursday after work with your teenage daughter, memorizing a verse of Scripture as a family at the end of dinner, playing your favorite family board game every Friday night, inviting a single parent neighbor family over for dinner one Saturday each month.



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When our daily, weekly, and monthly calendars become filled with the kind of "life that is truly life," we experience the goodness of building on the rock and move toward a very elusive and valuable thing - contentment. Our prayer is that you and your families have the joy of seeing the most important things being lived out day by day as you walk with the Lord.

